

## Subject-Matter Experts



### Ken Speidel RPh, PharmD, FIACP, FACA

World-renowned pharmacotherapeutic expert in personalized pain management and hormone therapy. Over 30+ years of experience in non-sterile and sterile compounding practices for acute, community, and outpatient care. Former compliance surveyor and accreditation expert for PCAB/ACHC. Best known for his charismatic charm, endless book of analogies, and ability to get everyone in the room passionate about personalised healthcare!

### Day 1

#### 15 minutes

Welcome Announcements

#### 55 minutes

Section I: Reevaluating Pain Management

#### 30 minutes

Section II: Types of Pain

#### 15 minutes (Break)

#### 30 minutes

Section III: Pain Pathways and Neural Systems

#### 30 minutes

Section IV: The Chronicity of Pain

#### 1 hour

Section V: Analgesic Pharmacology

#### 1 hour (Lunch)

#### 2 hours

Section V: Analgesic Pharmacology (Continued)

#### 15 minutes (Break)

#### 1 hour 45 minutes

Section VI: Topical Therapy



### Lily Tomas, MBBS (UNSW), B.Sc(Med)

Integrative Medical Doctor with 25+ years of experience. Fellow of the Australasian College of Nutrition and Environmental Medicine (ACNEM) and Former President of the Australasian Integrative Medical Association (AIMA). Founding Editor of Advances in Integrative Medicine, Elsevier and Executive Director of Biobalance Health. Has lectured at many renowned organisations and associations, including AIMA, ACNEM, A5M, ALMA, BioBalance Health, MINDD Foundation, AACM, RACGP, and more.

### Day 2

#### 30 minutes

Summation / Q & A

#### 1 hour 25 minutes

Case 1: Osteoarthritis

#### 1 hour

Case 2: Low Back Pain

#### 15 minutes (Break)

#### 1 hour

Case 3: Surgical Pain

#### 1 hour (Lunch)

#### 1 hour

Case 4: Anal Fissures

#### 1 hour

Case 5: Fibromyalgia

#### 15 minutes (Break)

#### 1 hour

Case 6: Diabetic Neuropathy

#### 30 minutes

Summation

Note that certificates for partial participation/attendance to the training activity are not issued.

### For More Information

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