



## Overhead Helper

The gateway to becoming an electrical line worker!

Overhead helpers perform work associated with construction, repair, or maintenance of overhead lines. This job requires heavy lifting and physical work, and previous pole climbing experience is preferred. This position is the entry point to the Overhead apprenticeship program.



### Must Haves:

- Valid Drivers License and ability to obtain CDL A Permit
- High School Diploma or equivalent



### Good to Have:

- Wood Pole Climbing Experience
- Trade or Climb School Certificate
- Military, Construction or Skilled Trade Experience
- Commercial Driver's License (CDL) Class A



### Required Tests and Training:

- Construction and Skilled Trade (CAST) Test
- CAST Test Practice Test ([Link](#))
- Overhead Physical Assessment Test (PAT)
- Overhead Physical Assessment Test Video ([Link](#))
- 4-week Overhead Initial Training including 5 day Overhead Qualifier (paid)