Support your best health

with the Sydney Health app

Our Sydney® Health app lets you connect to your health plan to see what it covers, check your claims, and get personalized health recommendations. You can also:

Access your digital member ID card

You can email, fax, or download it right from the app. To make it easier, add it to your phone's digital wallet.

Search for care

Find care providers and hospitals in your plan's network and compare costs for care. Filter by location, languages spoken, and gender.

Have a virtual care visit

Save time and money when you visit a care provider virtually. You can access care conveniently through the app or at anthem.com, often at no-extra or lower cost.

Chat when you have questions

If you need help understanding your benefits or finding health plan information, you can chat with a live agent to get answers.

Discover well-being resources

Use My Health Dashboard to find news on health topics, health and wellness tips, and personalized action plans to help you reach your health goals.

Get support for daily life

Anthem connects you to community organizations that offer no- and reduced-cost resources like food, transportation, and childcare.

Access My Health Records

View your family's health profile from one secure place. You can look up, download, and share information, including health histories and electronic medical records — all from your phone or computer.

Download the Sydney Health app today

- Access your digital member ID card.
- Find care near you.
- See what your plan covers and check claims.

Scan the QR code to download the app.
You can also access these features at anthem.com.

Anthem

* If you are having a life-threatening emergency, call 911 or go to your nearest emergency room immediately. In addition to using a telehealth service, you can receive in-person or virtual care from your own doctor or another healthcare provider in your plan's network. If you receive care from a doctor or healthcare provider not in your plan's network, your share of the costs may be higher. You may also receive a bill for any charges not covered by your health plan.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

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